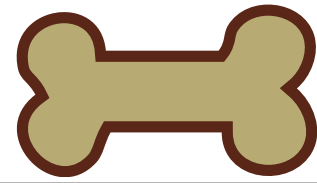


# Pine River Library Program in a Bag: Homemade Dog Treats



## What Human Foods Can Dogs Eat?



Peanut butter  
Peanuts (avoid salted)  
Eggs (fully cooked)  
Fish/shrimp (fully cooked)  
Pork/Beef (fully cooked, bones removed)  
Poultry (fully cooked, bones removed)  
Popcorn  
Corn  
Cashews  
Honey  
Milk  
Quinoa  
Wheat/grains  
Oatmeal  
Yogurt  
Pumpkin  
Cantaloupe  
Bananas  
Pineapple

Raspberries  
Blueberries  
Cucumbers  
Peaches  
Pears  
Strawberries  
Watermelon  
Carrots  
Celery  
Green beans  
Broccoli  
Peas

Cinnamon  
Chocolate  
Almonds  
Ice Cream (too high in sugar)  
Macadamia nuts  
Avocados  
Plants from the Allium Family  
• Garlic/Onions/Leeks  
Cherries  
Grapes/Raisins  
Tomatoes  
Mushrooms  
Xylitol  
Tea/Coffee (Caffeine)  
Raw/Undercooked Meat, Eggs, and Bones  
Salty foods  
Yeast raw doughs  
Citrus

### Why Make Your Own Dog Treats?

- You can choose healthier ingredients.
- You can tailor the treats to your pup's special tastes and dietary requirements.
- It can be safer- every year there are dog-related deaths due to safety issues with packaged treats.
- It's fun!

### About Your New Treat Making Silicone Mold

- Temperature safe from -40 to +446 degrees Fahrenheit.
- Oven, dishwasher, freezer, microwave safe

# BAKED TREATS

## **Peanut Butter Pumpkin Dog Treats** (Recipe courtesy of PRL Tech Librarian Lisa Zabka)

### INGREDIENTS

- 1 can pumpkin puree (NOTE: do not use pumpkin pie filling)
- 2 eggs
- 3 tablespoons all natural peanut butter
- 1/2 cup oats
- 3 cups whole wheat flour, brown rice flour, or gluten free flour

### DIRECTIONS

- Preheat oven to 350 degrees
- In a large bowl, whisk together the eggs, pumpkin and peanut butter until combined.
- Add oats and flour and stir well until dough forms.
- Silicone Mold: Roll a portion of dough into a ball, then press into silicone mold cavity to fill. Repeat until all of the mold cavities are filled.
- Baking Sheet: Pour dough onto a floured surface and roll out to 1/2 inch thick. Cut out using a cookie cutter. Transfer to a parchment lined baking sheet.
- Bake for 30 to 35 minutes until golden brown.

## **Chicken and Parsley Dog Treats** (From [www.theflyingcouponer.com](http://www.theflyingcouponer.com))

### INGREDIENTS

- 2 1/2 cups wheat flour
- 1 tsp salt
- 1 large egg
- 1/2 c. chicken broth
- 2 - 3 tablespoons chopped parsley

### DIRECTIONS

- Preheat oven to 350 degrees.
- In a mixing bowl, combine broth wheat flour, salt, egg, and parsley.
- Silicone Mold: Roll a portion of dough into into a ball, then press into silicone mold cavity to fill. Repeat until all of the mold cavities are filled.
- Baking sheet: Flour your kitchen counter and roll dough out to a 1/4 of an inch. Dip a cookie cutter into flour and cut out the dog biscuits. Bake cookies on a cookie sheet lined with parchment paper.
- Bake for about 30-35 minutes

# FROZEN TREATS

## **Yogurt Peanut Butter Banana Freezer Treats**

(From [www.cookingwithjanica.com](http://www.cookingwithjanica.com))

### INGREDIENTS

- 32 oz plain yogurt
- 3 tablespoons peanut butter (make sure it contains no xylitol, which is toxic to dogs) (or almond butter or cashew butter if allergic)
- 1 large banana, sliced

### DIRECTIONS

- Put all ingredients into a food processor or blender. Blend until creamy.
- Fill a silicon mold or ice cube tray with mixture
- Freeze for at least 2 hours.
- Pop out of molds and serve to your pup. Keep leftovers in an airtight container in the freezer.

## **Watermelon Sorbet**

(From [www.blog.homesalive.ca/dog-blog/frozen-dog-treats](http://www.blog.homesalive.ca/dog-blog/frozen-dog-treats))

### INGREDIENTS

- 3 cups of cubed, seedless watermelon
- 1/4 c. water

### DIRECTIONS

- Lay watermelon in a single layer on a parchment-lined baking sheet and freeze overnight.
- In a food processor or blender, blend the watermelon with slowly pouring in water until it blends into a smooth mixture- you may need to add more or less water to get the right texture.
- Spoon into silicone molds or ice cube trays and freeze at least 2 hours.

## **For More Recipes Check Out**

- [www.iheartdogs.com/9-best-homemade-dog-treats-for-spoiling-your-pup/](http://www.iheartdogs.com/9-best-homemade-dog-treats-for-spoiling-your-pup/)
- [www.goodhousekeeping.com/life/pets/g23026561/homemade-dog-treats/](http://www.goodhousekeeping.com/life/pets/g23026561/homemade-dog-treats/)
- [www.puppyleaks.com/simple-dog-treat-recipes/](http://www.puppyleaks.com/simple-dog-treat-recipes/)
- <https://fluentwoof.com/homemade-dog-treats-recipes/>
- [www.akc.org/expert-advice/nutrition/diy-frozen-dog-treats/](http://www.akc.org/expert-advice/nutrition/diy-frozen-dog-treats/)
- [www.rover.com/blog/homemade-dog-treats-freezer-summer/](http://www.rover.com/blog/homemade-dog-treats-freezer-summer/)
- <https://blog.homesalive.ca/dog-blog/frozen-dog-treats>

## **Sources:**

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- [www.akc.org/expert-advice/nutrition/fruits-vegetables-dogs-can-and-cant-eat/](http://www.akc.org/expert-advice/nutrition/fruits-vegetables-dogs-can-and-cant-eat/)
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